



WAVERLEY
care Positive about HIV, Hep C
& Sexual Health in Scotland

HIV Facts

HIV is a long-term health condition. If HIV is not treated, it stops your body being able to fight infections and disease. That means HIV can make you very sick.

1

There are three ways you can get HIV:

You do not use a condom when you have sex or do not take anti-HIV medication, called PrEP.



2

You share infected needles, syringes, spoons or swabs with other people.



3

If you have HIV, you can pass it to your child when you are pregnant, giving birth or breastfeeding.



You might not have any symptoms so the only way to find out if you have HIV is to get an HIV test.



The doctor can test your blood to see if you have HIV.



If you have HIV, it is called being HIV-positive.



If you are HIV-positive your doctor will help you to get medication and live a healthy life.

